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## ***Ballet Program 2010-2011***

***Our Mission:*** *Our mission is to offer an expansive ballet program at HYPE Dance Studio where dancers have the opportunity to build a solid foundation of ballet technique. It is also our intent to offer multiple performance opportunities throughout the year. We believe in nurturing each dancer through training and opportunity so they may take the disciplines of dance into their everyday lives.*

***Laurel Tennant:*** *Alongside the direction of studio owner and director Sarah Blakley, Laurel is completing her third year directing the ballet program at Hype Dance Studio. Laurel began her classical ballet training at the age of six with Northern California. At the age of 12, she was awarded scholarships to train during the summer with the Houston Ballet, American Ballet Theatre, and the Boston Ballet. Upon completing high school she was invited to intensively train with Dennis Marshall and Marjorie Grundvig in Seattle, WA in classical and contemporary ballet as well as modern, jazz and lyrical. Throughout her training she performed roles in nearly every classical ballet including the leading roles in Paquita, the Nutcracker, and Cinderella. Her dance repertoire includes original classical and contemporary works by Sonja Dawkins, Bruce Wells, John Mello, Melissa Gould, and Bruce King. Prior to directing the ballet program at Hype Dance Studio, she has taught at the Washington Academy of Performing Arts and Northern California Ballet. She teaches a very technical and classical class, consistently returning every dancer to their core and basics before advancing, and her choreography exhibits her diverse style and her love for contemporary ballet. Whether her students are striving for a profession in the dance world, or taking their first ballet class for fun, Laurel hopes that her teaching and guidance will inspire her students to live their dreams!*

*Ballet instructors Gabrielle Chaplin and Cameron Titus will be adding to the wonderful instructional staff in our ballet program.*

***The Program:*** *Our ballet program was designed to offer numerous classes per week so that dancers have the benefit of taking multiple classes in different levels. Taking various classes gives the opportunity to build a solid foundation of ballet technique. Dancers are personally guided and encouraged to build their weekly ballet schedule so that they may maximize their growth as young dancers. Part of a dancer's progression and full comprehension is the experience they have on stage. Performances will be offered to every ballet student throughout the year.*

## **Performance Opportunities:**

**HYPE Holiday Dance Review – Sunday, Dec. 12, 2010.** Ballet dancers of all ages are invited to perform in our 8<sup>th</sup> Annual Holiday Show! Held at Pleasant Valley High School, they will join the entire studio and perform in this heart-warming holiday celebration! Princess Ballet, Divas Ballet, Ballet 7-10 and Intro to Ballet will learn dances in their weekly classes for this performance. Ballet dancers enrolled in levels I-IV will receive routine invitations to be placed in various dances according to ability, and will have a separate rehearsal schedule for each piece. Costumes will be casual and low cost for all dancers. Costume guidelines announced with routine invitations.

**Annual Ballet Production – April 2011.** Dates TBA For the first time HYPE Dance Studio will be offering its own Ballet Production! This exciting show will be choreographed and directed by Laurel Tennant, produced and co-directed by Sarah Blakley. All enrolled ballet students ages 5+ will be invited to audition for a role in this exciting performance. Auditions will be held on Saturday, Nov. 20. Costumes will be ordered through HYPE Dance Studio in early Spring Session. Rehearsal schedule and show information will be made available soon.

**HYPERbole 2011 Annual Spring Recital – June 3-4, 2011.** Our show-stopping spring dance recital will hold its 8<sup>th</sup> annual performance at the Paradise Performing Arts Center! All ballet dancers are invited to perform alongside HYPE Dance Studio's entire collection of the year's pieces. Princess Ballet, Divas Ballet, Ballet 7-10 and Intro to Ballet will learn dances in their weekly classes for this performance. Ballet dancers enrolled in levels I-IV will have an opportunity to perform in HYPERbole with selected pieces from the Ballet Production and/or a new possible piece of choreography created for HYPERbole.

## **Weekly Schedule and Tuition**

### **Fall 2010 Ballet Classes:**

Mon	5:00-6:30	Ballet I/II (9-18)
Mon	5:30-6:30	Intro to Ballet (9-18)
Mon	6:30-8:00	Ballet II/III (9-18)
Mon	8:00-9:00	Pre-Pointe/Pointe I (10+)
Tues	3:15-4:00	Princess Ballet (5-6)
Tues	4:30-5:30	Divas Ballet (6-8)
Tues	6:00-7:00	Pilates for Dancers (12+)
Tues	6:30-8:00	Open Int./Adv. Ballet (9+)
Wed	3:30-4:30	Mini Fusion Ballet
Wed	4:30-6:00	Ballet I/II (7-10)
Wed	6:00-7:00	Stretch Class (9+)
Wed	7:00-8:00	Ballet III (9-18)
Thurs	3:30-5:00	Ballet I (9-18)
Thurs	3:30-5:00	Ballet II (9-18)
Thurs	5:00-6:00	Pre-Pointe / Pointe I (10+)
Thurs	6:00-7:30	Ballet IV (9-18)
Thurs	7:30-8:30	Pointe II / Variations
Sat	9:00-9:45 AM	Princess Ballet (5-6)
Sat	9:45-10:30 AM	Princess Ballet (3-4)
Sat	10:30-12:00	Open Ballet/Stretch

### **Tuition:**

1 hour per week	\$50.00 monthly
1.5 hours per week	\$60.00 monthly
2 hours per week	\$81.00 monthly
2.5 hours per week	\$91.00 monthly
3 hours per week	\$113.00 monthly
3.5 hours per week	\$123.00 monthly
4 hours per week	\$141.00 monthly
4.5 hours per week	\$151.00 monthly
5 hours per week	\$165.00 monthly
5.5 hours per week	\$175.00 monthly
6 hours per week	\$185.00 monthly
6.5 hours per week	\$195.00 monthly
7 + hours per week	\$205.00 monthly

### **Tuition for Pre-Dance / 45 min. classes:**

1 class per week	\$42.00 monthly
2 classes per week	\$76.00 monthly
3 classes per week	\$102.00 monthly

### **Drop-In Rate:**

\$15.00 per hour class  
\$20.00 per 1 ½ hr class

### **Annual Registration:**

\$25.00 per student

**Family Discounts:** family members may combine rates up to 7 hours per week maximum. 45 min classes combined with 1 hour classes remain at their original rate.

## **Class Descriptions:**

Princess Ballet: (ages 5-6) A creative fun way to introduce your young dancer to ballet. Classes will cover introductory technique and ballet movement as well as basic choreography and memorization. Creative movement, story telling and props will be used to expand upon their class time.

Divas Ballet: (ages 6-8) A foundation building class designed for the young dancer. Students will use the ballet barre and center floor to expand upon their technique and vocabulary.

Ballet I/II (ages 7-10): A beginning to intermediate class designed for the student looking to move into the next levels of their training. Attention will be given to the articulation of movement at the ballet barre and in center floor. Students will further their vocabulary and proper execution of steps while consistently returning to their basics.

Introduction to Ballet: (ages 9+) A class designed for the brand new ballet student! Dancer will be introduced to beginning ballet terminology and positions as well as combinations combining their skills. Focus will be placed on refining posture and articulating movement to build their foundation for successive ballet classes.

Ballet I: Continuation of ballet training from previous ballet classes with introduction of further vocabulary and technique, building an articulate beginning/intermediate dancer.

Ballet II: A class designed for an intermediate dancer. Class will be quick in instruction and combination retention for the student will be a focus, as well as advancing techniques from previous ballet classes. (2+ classes are recommended at this level)

Ballet III: A technique class designed for the intermediate/advanced dancer, expanding and advancing their training. (3+ classes are recommended at this level)

Ballet IV: A technique class designed for an advanced ballet student. (3+ classes are recommended at this level)

Intermediate/Advanced Open Ballet Technique: This class is designed to aide in the progression of the intermediate-advanced student as an addition to their other weekly ballet classes.

Pre-Pointe/Pointe I: (10+) Focusing on strength, alignment, articulation and control of the dancers feet and legs on demi-pointe and en pointe. Once proper strength and control is shown, invitation to pointe shoes will be made. Teacher recommendation must be made for enrollment.

Pointe II/Variations: Focusing on furthering pointe skills for a more advanced pointe student. Students will build classical ballet repertoire and learn choreography variations from a variety of popular ballet productions. Joint enrollment in a Pointe I class is required.

Stretch Class: (9+) A class designed for dancers focusing on stretching and strengthening. Focus will be placed on warm-up, teaching proper stretching techniques, and working through different positions to elongate every muscle throughout the dancer's body.

Pilates for Dancers: (12+) Focus on integrating the entire body to achieve better alignment, and teaching the dancers body to work more efficiently. Using their own body weight and gravity, the matwork will tone, strengthen and lengthen their entire body.

## **Class Placement:**

*Dancers will be guided to the proper ballet classes for their development. Each class provides different levels of technique and pace. For each dancer to receive the proper instruction and attention toward their training, they must be enrolled in the correct weekly classes. It is important that all dancers understand that the foundation of ballet is built on the basics. Dancers may be asked to move up into the next level upon a full understanding and proper demonstration of the current curriculum. The first 2 weeks of each semester will also be used to help determine which classes dancers should be enrolled in. Any guidance needed for initial enrollment can be directed to Laurel Tennant.*

## **Requirements for Dancers:**

**Required attire for class:** *All dancers must be prepared for ballet class, as their attire plays a large role in the ability for movement and proper instructor critique. Dancers are expected to be ready so that they may begin class on time. This includes pink tights, black leotard and proper ballet shoes. Hair MUST be worn in a ballet bun with bobby pins, secured tightly away from face. Bangs or any loose hair must also be pulled back. Dancers failing to meet these requirements will not be allowed into class. NOTE: every 4<sup>th</sup> week is “free color week!” Dancers may wear any color leotard of their choice to ballet classes.*

**Class Behavior:** *Focus in class is crucial to every dancer’s development. All dancers are expected to be respectful of the instructor, fellow dancers in class and other surrounding students. This includes no talking during class and full attention paid to class instruction at all times. Disruptive behavior may lead to dancer being excused from class.*

**Class Attendance:** *Dancers with good weekly attendance will receive the semester’s full curriculum and intention, aiding in the proper growth and continuous development designed for each class.*

**Rehearsal Attendance:** *Performance invitations that are sent will state each piece’s rehearsal dates and times. Upon acceptance, it is imperative that all dancers attend all rehearsals so that choreography and retention is consistent. Dancers missing more rehearsals than the invitations specific policies will be excused from the piece.*